

M/D camp still evening
absolutely perfect for running & walking

Weather Conditions

Date: 9/7/09

Southside Masters Inc

Short Track 400m

Long Track 5K

Short Track 400m						Long Track 5K						
Name	Actual Time	H'cap	Nett Time	Place	Poi nts	Name	Actual Time	H'cap	Nett Time	Place	Poi nts	
1 B Darby	1-04.49	-	64.5	7	6	1 Thien Vuong	17.08	2.29	13.39	4	17	
2 Oliver Hoare	1-15.72	-	75.7	8	5	2 B Plummer	17.13	2.51	14.22	12	9	
3 Sally Luxton	1-18.26	-	78.3	9	4	3 Belinda Martin	17.23	3.14	14.09	10	11	
4 Nicole Gentle	1-20.20	-	80.2	10	3	4 D Sullivan	17.23	3.07	14.16	11	10	
5 O Millridge	1-21.65	35.3	46.4	2	12	5 Magda Poulos	17.25	3.28	13.57	8	13	
6 A Gentle	1-25.98	45.0	41.0	1	14	6 G Gielissen	18.13	4.30	13.43	6	15	
7 J Dawlings	1-31.52	42.8	48.7	3	10	7 P Ray	18.18	4.43	13.35	3	18	
8 C Plummer	1-33.44	34.0	59.4	6	7	8 J Dawlings	18.21	4.26	13.55	7	14	
9 Louise Denneen	1-36.09	46.8	49.3	4	9	9 B Nairn	18.51	9.27	9.24	1	22	
10 P Dell	1-36.93	-	96.9	11	2	10 J Shaw	19.00	4.34	14.26	13	8	
11 R Toole	1-39.46	50.1	49.4	5	8	11 T Yates	19.34	4.49	14.45	14	7	
12						12 B Lloyd	19.36	4.24	15.12	17	4	
13						13 C Wiley	19.59	6.27	13.32	2	20	
14						14 D Wendt	20.59	7.19	13.40	5	16	
15						15 B Darby	23.21	6.11	17.10	18	3	
16						16 R Toole	24.32	10.30	14.02	9	12	
17						17 R Morris	25.33	10.32	15.01	15	6	
18						18 Vivienne Darby	27.34	12.29	15.05	16	5	
19						19 D Burns	27.35	-	27.35	19	2	
20						20						
21						21						
22						22						
23						23						
Road Race 10K												
24 Louise Denneen	48.41	14.37	34.04	4	2	24						
25 G Keir	48.42	15.50	32.52	2	4	25						
26 J Cosatto	49.38	19.48	29.50	1	6	26						
27 B Fickel	49.43	16.29	33.14	3	3	27						
28						28						
29						29						
30						30						
31						31						
Walkers 5K												
32						32	O Millridge	37.29	16.11	21.18	2	4
33						33	Brooke Ross	42.59	21.35	21.24	3	3
34						34	A Argall	44.30	22.48	21.42	4	2
35						35	C Plummer	47.50	28.56	18.54	1	6
36						36						
37						37						
38						38						
39						39						